



10 August

Lamentations 3:1-24



<http://www.biblegateway.com/passage/?search=Lamentations%203:1-24&version=NKJV>



The man of sorrows



Jeremiah must have suffered terribly – even on his own body. Is it possible that he was tortured by the conquerors of Jerusalem or by his own countrymen?

Can you imagine that it is possible to suffer more in body and soul than Jeremiah did? If not, just look to the cross which stood on the Calvary, outside Jerusalem, a few hundred years later. Jeremiah’s prayer gives you a small glimpse of what the Lord Jesus suffered when God left Him all alone – because of your sins!

The last few verses (21-24) of today’s passage have been a real comfort to many Christians. God’s compassions, His goodness, is there for us every morning anew – also for you today!



- 08. To which animals does Jeremiah compare God in this passage?
- 09. How do Jeremiah’s contemporaries react to his suffering?



Wormwood (v15) is a plant that grows in the wild, having an unpleasant odour and very bitter taste. In the Bible, wormwood is a picture of the sufferings of someone who has turned away from God and is therefore punished by Him (see for example Jeremiah 9:14+15 and Proverbs 5:4).



Do you have problems at school or are you bullied? Talk about it with God! He’s waiting for it.

08. To a bear and a lion.
09. They ridiculed and taunted him.